

Monday, June 22, 2026 Dress code: Casual		Tuesday, June 23, 2026 Dress code: Professional		Wednesday, June 24, 2026 Dress code: Professional		Thursday, June 25, 2026 Dress code: Business Casual	
NSCDA Essay Winners arrive in Washington, DC		7:00am	Breakfast in AU Cafeteria	6:45am	Bus departs for Capitol Hill Early Appointments (before 9:00am)	7:30am	Breakfast in AU Cafeteria
9am-6pm Check in at American University		8:30am	The Judicial Branch: Balance of Powers Location: DMTI 213	7:00am	Breakfast at the AU Cafeteria	8:00am	Depart for Mount Vernon
5:30pm	Dinner begins in the AU Cafeteria		Judge Gustavo A. Gelpi, United States Court of Appeals for the First Circuit	7:30am	Bus returns to campus for delegates	9:00am	Explore Mount Vernon
7:00pm	Introduction to the Congressional Seminar - Location: DMTI 213		Judge Julia E. Kobick, United States District Court, District of Massachusetts	8:15am	Bus departs for Capitol Hill		George Washington’s Home Estate, Farm, and Sanctuary
7:00pm	Tom Crossan, President - Washington Workshops Foundation Welcome	10:15am	Break	9:00am	Capitol Hill Arrival	12:00pm	Depart for Lunch
7:20pm	Mrs. Susan Sheeren Congressional Essay Chair The National Society of the Colonial Dames of America	10:30am	Mr. Albert Gonzalez Attorney and Federal Law Enforcement The Executive Branch	Independent Committee Time on Capitol Hill: Students will travel in their committee groups to attend Hearings, visit House and Senate Galleries, the Library of Congress, and the U.S. Supreme Court, meet with their individual Senate and House members, and conduct research.		1:00pm	Lunch at Pentagon City
7:45pm	Kathy Wimbush, Washington Workshops Experience: A Toolkit for Success	12:30pm	NSCDA Welcome Luncheon			2:00pm	Depart for Arlington National Cemetery
8:00pm	Gianna Hunsche, Model Congress Advisor	2:40pm	Group Photo at the US Capitol Reflecting Pool	Workshops Foundation staff will be posted at designated areas to act as a resource for students.		3:00pm	Visit Arlington National Cemetery The Largest National Cemetery in the United States
8:30pm	Model Congress Committees Begin:	3:00pm	The National Archives - Declaration of Independence - The US Constitution - The Bill of Rights	TBD	Tour of the US Capitol Building	4:00pm	Changing of the Guard: Tomb of the Unknowns
	- Meet and Greet for delegates - Elect Committee Leadership - Discuss and Draft Outline of the Bill	4:15pm	Depart for AU	12:00pm	Lunch in the Capitol Visitors Center or House & Senate Cafeterias	4:15pm	Full Honor Wreath Ceremony
10:30pm	Floor Meetings to review itineraries & expectations with Overnight Security Chaperones	5:00pm	Dinner at American University	4:15pm	Meet at the Peace Circle for departure	5:00pm	Dinner at American University
11:00pm	Curfew and Security Checks	6:00pm	Depart for Iwo Jima Memorial	5:00pm	Dinner at American University	6:30pm	Twilight Tour of Memorials - MLK Memorial - FDR Memorial - WWII Memorial - Jefferson Memorial
		7:00pm	US Marine Corps Honor Guard Sunset Parade Iwo Jima Memorial	6:30pm	Lisa Gautier, On Governing the Next Revolution: A.I. Opportunity & Responsibility - Location: DMTI 213	9:00pm	Final Prep for Presentation of Bills
		8:30pm	Model Congress Committee Meetings	8:00pm	Model Congress Committee Meetings	10:00pm	Return to Anderson Hall
		11:00pm	Curfew & Security Checks	11:00pm	Curfew & Security Checks	11:00pm	Curfew & Security Checks

Friday, June 26, 2026

Dress code: Professional AM

- 7:00am Breakfast in AU Cafeteria
- 8:00am **Committee Meetings and Final Preparation for Model Congress**
- 8:30am **Gavel In: Final Model Congress Location - DMTI 213**
- The Model Congress Full Session**
- Committee 1**
Committee 2
Committee 3
- 12:00pm **Committee Awards and Photos**
- 12:15pm **Lunch and packing at American University**
- 1:15pm Depart for the National Mall
- 1:30pm **Explore the Smithsonian Museums**
- American History
 - African American History & Culture
 - Natural History
 - Museum of the American Indian
 - US Holocaust Memorial Museum
 - National Gallery of Art
- 5:30pm Depart for the DC Wharf
- 6:30pm **Dinner and Dance Cruise to celebrate your week in DC**
- 9:45pm Depart for AU Campus
- 11:00pm Curfew & Security Checks

Saturday, June 27, 2028

Dress code: Casual

- 5:00am **Check Out, and Departures Begin**
- 7:00am **Breakfast begins in AU Cafeteria**
- 4am-3pm **Students Depart**
- Departures will take place throughout the morning and into the afternoon.
- WW Program Managers will be on-site to help facilitate departures and meet family members picking up students.
- Students should be prepared to depart campus or be picked up by a parent or guardian by 3:00 pm.

Best wishes in your future endeavors!



We would like to share our many and special thanks to the National Society of the Colonial Dames of America!

We are grateful for your 50 years of memorable partnership and support of the Congressional Seminar and our Future Leaders!



The Workshops Foundation

Schedule of Events



Congressional Seminar

June 22-27, 2026
American University
Washington, DC